

Patient's Instructions for Use

FLOVENT® ROTADISK® 50 mcg
(fluticasone propionate inhalation powder,
50 mcg)

FLOVENT® ROTADISK® 100 mcg
(fluticasone propionate inhalation powder,
100 mcg)

FLOVENT® ROTADISK® 250 mcg
(fluticasone propionate inhalation powder,
250 mcg)

Please read this leaflet carefully before you start to take your medicine. It provides a summary of information on your medicine. **For further information ask your doctor or pharmacist.**

What You Should Know About FLOVENT® ROTADISK®

Your doctor has prescribed FLOVENT ROTADISK 50 mcg, FLOVENT ROTADISK 100 mcg, or FLOVENT ROTADISK 250 mcg. Each ROTADISK® contains a medication called fluticasone propionate, which is a synthetic corticosteroid. Corticosteroids are natural substances found in the body that help fight inflammation. They are used to treat asthma because they reduce the swelling and irritation in the walls of the small air passages in the lungs and ease breathing problems. When inhaled regularly, corticosteroids also help to prevent attacks of asthma.

Important Points To Remember About FLOVENT ROTADISK

1. **MAKE SURE** that this medicine is suitable for you (see "BEFORE USING YOUR ROTADISK" below).
2. It is important that you inhale each dose as your doctor has advised. If you are not sure, ask your doctor or pharmacist.
3. Use your ROTADISK as directed by your doctor. **DO NOT STOP THE TREATMENT EVEN IF YOU FEEL BETTER** unless told to do so by your doctor.
4. **DO NOT** inhale more doses or use the ROTADISK more often than instructed by your doctor.
5. This medicine is **NOT** intended to provide rapid relief of your breathing difficulties during an asthma attack. It must be taken at regular intervals as recommended by your doctor, and not as an emergency measure.
6. Your doctor may prescribe additional medication (such as bronchodilators) for emergency relief if an acute asthma attack occurs. Please contact your doctor if:
 - an asthma attack does not respond to the additional medication
 - you require more of the additional medication than usual.
7. If you also use another medicine by inhalation, you should consult your doctor for instructions on when to use it in relation to using FLOVENT ROTADISK.

Before Using Your ROTADISK

TELL YOUR DOCTOR BEFORE STARTING TO TAKE THIS MEDICINE:

- If you are pregnant (or intending to become pregnant),
- If you are breast-feeding a baby,
- If you are allergic to FLOVENT ROTADISK, or any other orally inhaled corticosteroid. In some circumstances, this medicine may not be suitable and your doctor may wish to give you a different medicine. Make sure that your doctor knows what other medicines you are taking.

Using Your ROTADISK

- Follow the instructions shown on the next few pages. If you have any problems, tell your doctor or pharmacist.
- It is important that you inhale each dose as directed by your doctor. The label will usually tell you what dose to take and how often. If it doesn't, or you are not sure, ask your doctor or pharmacist.

DOSAGE

- Use as directed by your doctor.
- It is **VERY IMPORTANT** that you follow your doctor's instructions as to how many inhalations to inhale and how often to use your ROTADISK.
- **DO NOT** inhale more doses or use your ROTADISK more often than your doctor advises.
- It may take 1 to 2 weeks or longer for this medicine to work and it is **VERY IMPORTANT THAT YOU USE IT REGULARLY. DO NOT STOP TREATMENT EVEN IF YOU ARE FEELING BETTER** unless told to do so by your doctor.
- If you miss a dose, just take your regularly scheduled next dose when it is due. **DO NOT DOUBLE** the dose.

How To Use Your ROTADISK

This leaflet shows you how to use FLOVENT ROTADISK. The medicine comes in small circular foil disks. There are four blisters around the edge of each disk, and these blisters each contain a measured dose of your medicine as a powder that you breathe by using a specially designed plastic device called the DISKHALER®. The medicine is available in several different strengths, and your doctor has chosen the one most suitable for you.

The DISKHALER has a number of parts:

1. outer body with a hinged lid and piercing needle
2. cleaning brush that fits into a space at the rear of the body
3. mouthpiece cover
4. white wheel on which the disk is placed
5. white sliding tray with mouthpiece fitted to the wheel
6. foil disk



Loading A Disk Into The DISKHALER



Figure 1



Figure 2

1. Remove the mouthpiece cover and check to make sure that the mouthpiece is clean (*see Figure 1*). Inspect the mouthpiece for the presence of foreign objects before each use.
2. Hold the corners of the white tray and pull out gently until you can see all the plastic ridges on the sides of the tray (*see Figure 2*).
3. Put your finger and thumb on the ridges, squeeze inward, and gently pull the tray out of the body of the DISKHALER (*see Figure 3*).
4. Place a disk on the wheel with the numbers facing up, and then slide the tray back into the DISKHALER (*see Figure 4*).



Figure 3



Figure 4

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Getting Ready For The First Dose



Figure 5

5. Hold the corners of the tray (*see Figure 5*) and slide the tray out and in. This will rotate the disk.



Figure 6

6. Continue until the number "4" appears in the small window (*see Figure 6*). The disk is now ready for use. As you use each dose, the number of doses remaining is shown in the window.

Opening The Blister To Release A Dose



Figure 7

7. Keep the DISKHALER level. Lift up the back of the lid as far as it will go until it is fully upright (*see Figure 7*). (**IMPORTANT:** The lid must be raised until fully upright to pierce both the top and bottom of the blister.) Then close the lid. The DISKHALER is now ready for use.

Inhaling Your Medicine

8. Breathe out as far as comfortable (*see Figure 8*).
9. Keep the DISKHALER level and raise it to your mouth. Place the mouthpiece between your teeth and close your lips firmly around it but do not bite down on it (*see Figure 9*). **Do not cover** the small air holes on either side of the mouthpiece.
10. Breathe in through your mouth steadily and as deeply as you can.
11. Hold your breath and remove the DISKHALER from your mouth (*see Figure 10*). Continue to hold your breath for up to 10 seconds or as long as is comfortable.

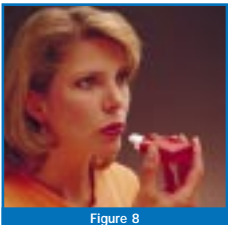


Figure 8



Figure 9

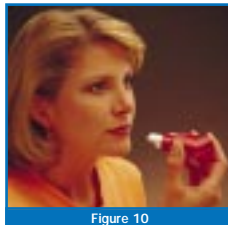


Figure 10

Getting Ready For The Next Dose



Figure 11

12. Turn the disk to the next number ("3") by gently pulling out the tray and pushing it in once (*see Figure 11*). **Do not** pierce the blister until you are ready to take the next dose.

When you need to take another dose, repeat steps 7 through 12.

Always replace the mouthpiece cover after use.

Replacing The Disk When It Is Empty

Each disk has four blisters. As you use up each blister, the blister numbers appearing in the small window of the tray will count backwards (i.e., "4", "3", "2", "1"). When the number "4" reappears after you have taken four inhalations from the DISKHALER, the disk is empty and should be replaced. To take out the old disk and put in the new one, repeat steps 2 through 4.

Cleaning Your DISKHALER

Clean your DISKHALER at least once a week as follows:

1. Remove the tray from the body of the DISKHALER.
2. Hold the wheel between your forefinger and thumb and pull upwards to separate it from the tray.
3. There is a brush in the small space under the lid at the rear of the body of the DISKHALER. Brush away any powder left behind on the parts of the DISKHALER.
4. Replace the wheel and push it down firmly until it snaps into place.
5. Replace the tray and mouthpiece cover.

You may also separate the parts of the DISKHALER as described above and rinse them with warm water. Let the parts air dry before putting back together.

Storing Your FLOVENT ROTADISK

- **Keep out of reach of children.**
- Store at 20°C to 25°C (68° to 77°F) in a **dry place**.
- **Use the ROTADISK blisters within 2 months after opening of the moisture-protective foil overwrap or before the expiration date, whichever comes first.**
- Do not puncture any fluticasone propionate ROTADISK blister until taking a dose using the DISKHALER.

REMEMBER: This medicine has been prescribed for you by your doctor. **DO NOT** give this medicine to anyone else.

Further Information

This leaflet does not contain the complete information about your medication. *If you have any questions, or are not sure about something, then you should ask your doctor or pharmacist.*

You may want to read this leaflet again. Please **DO NOT THROW IT AWAY** until you have finished your medicine.

Your doctor has determined that this product is likely to help your personal health. **USE THIS PRODUCT AS DIRECTED, UNLESS INSTRUCTED TO DO OTHERWISE BY YOUR DOCTOR.** If you have any questions about alternatives, consult with your doctor.

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